

JOIN US FOR A LECTURE:

BLOOD TYPE AND FOOD

Presented by:

Candace Booth ND, PhD, CNC

Nutritionist/Herbalist/Spiritual Health Coach

Date: Tuesday evening – February 17th – 7:00 to 8:30 PM

Location: Abundance Wellness Center – 325 John Knox Road – Building T

Topic to Include a Discussion Of:

- Benefits of Eating Right For Your Blood type
- The Role of Blood Type Antigen
- Impact of Blood Type on Digestion & Impact of Food Lectins
- Dangers of Wheat Lectin
- Blood Type and the Protein Debate
- Intestinal Alkaline Phosphatase & Polyamines
- Bacteria and Blood Type Antigen
- Metabolic Synchronicity
- Impact of blood type on Immune function, Cardiovascular Disease and Cancer
- Blood Type Risk Profiles
- Agglutination and the Process of Aging

Please contact Candace at 352-735-2966 or contact her by email at: Candace@destinationhealthplus.com so we know how many are coming – Candace will be providing handouts. The program will be more fun and interesting if you know your bloodtype.

Please **DO NOT MAKE A RESERVATION UNLESS YOU ARE PLANNING ON ATTENDING.**

Thank you.